

# SRI SRI AYURVEDA HOSPITAL

An ISO 9001-2008 Certified Hospital



## Physiotherapy

A holistic therapeutic procedure to address various health conditions including preservation of degenerative tissues, enhancement of body movement and activities of daily living. The techniques also include restoring physical functions affected by threatened conditions, ill effects of injury, disability and more.

### Programs

Balance Training  
Agility Exercises  
Activities of Daily Living Training  
For Adolescent Girls  
Post-Menopausal Care  
Ante Natal & Post Natal Care

For various Joint Pains  
Common Muscles & joint injuries  
Workstation Problems  
Cerebral Palsy  
Posture Care  
Flat Feet & Speech Therapy

**OPD Timings: Monday to Saturday 9.30 am to 4.30 pm**

## Our Expertise of Physiotherapy in

- Orthopedics • Neurology • Pediatrics
- Musculoskeletal • Gynecology
- Geriatrics • Occupational Health
- Sports Injuries • General Exercises
- Pains & Aches

## Our Treatment Techniques

**Electrotherapy-** A result oriented technique to reduce pains & aches and enhance tissue healing through:

- LASER Therapy • Interferential Therapy
- UltraSound • Shortwave Diathermy • Traction
- Muscle Stimulation

**Exercise Therapy-** Restoring physical activities through training to strengthen muscles and joint functions.

- Personalizes exercise regimes
- Improving flexibility or well-being
- Preventing complications of injuries
- Fostering recovery from injury or surgery

